

Dear Keith,

Thank you for writing us at Christian Questions Radio. You asked if women have Adam's Apples and why the visible bump on the neck is called an Adam's Apple.

Both males and females have Adam's Apples. The Adam's Apple is thyroid cartilage. When the larynx or voice box grows during puberty, it sticks out at the front of the throat. A girl's larynx does not grow as much as a boy's does. The larger larynx gives boys deeper voices. Men's Adam's Apples are more pronounced so that they can be easily seen. To find a woman's Adam's Apple, one must usually feel for it.

The origin of the term "Adam's Apple" goes back to the biblical event where Eve gave Adam a forbidden fruit, which is commonly misrepresented as an apple. The term then basically comes from the legend that when Adam ate the "apple", a piece got stuck in his throat and made a lump.

We hope we have answered your question. Be sure to sign up for CQ Rewind at [www.christianquestions.net](http://www.christianquestions.net). The service is free without obligation and will provide you with scriptural perspective on many questions and topics.

Sincerely,

**Christian Questions Radio**